

## International Dolphin Watch (IDW)

Has an unblemished reputation as a non-profit organisation dedicated to helping dolphins since it was founded by Dr Horace Dobbs in 1978.



# Friends of IDW NEWSLETTER

1<sup>st</sup> September 2006

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**E-DAY – PEACE - CHILDREN - DOLPHIN FAMILY**  
a message from the founder of International Dolphin Watch

Dear Dolphin Friend

**E-DAY**

The 1<sup>st</sup> August 2006 was an historic day for International Dolphin Watch. It was the day we launched our first monthly **E MAIL NEWSLETTER**.

The Email Newsletter presents us with an opportunity to give those with an interest in dolphins more news stories than ever before. It also enables us to give much broader coverage of the many long-term activities of International Dolphin Watch. This proved to be too much material for us to send out in individual Emails. The solution we have come up with therefore, is to include E Mail Newsletters in a special section of our website which is accessible through a password (which will be changed from time to time) to paid-up and honorary Friends of IDW.

**ACCESS IS FREE FOR THIS AND THE FIRST IDW NEWSLETTER VIA:**

<http://newsletter.dolphinfriend.com>

**MODELS FOR PEACE**

Dolphins are intelligent. They have brains as large as ours and have had them for about 30 million years longer than humans. They have often been described as “Our cousins in the sea”. It could be argued that they have evolved beyond us to a stage where they live largely in harmony with one another and their environment. Furthermore they radiate a sense of joy that most of us can pick up on despite the death, pain and imprisonment we inflict upon them. And it is such aspects of their lifestyles that I feel could provide guidelines for models of human behaviour.

There are times when I feel extremely frustrated by my inability to have any direct personal influence on the horrifying atrocities that are happening around the world. However, it is my heartfelt desire that by bringing Friends of the Dolphins together with the collective love, joy, harmony and peace, qualities that the dolphins imbue, we can create a collective consciousness that could help make our beautiful planet a more peaceful place to live. Not just for ourselves, but for our grandchildren. I am optimistic for this possibility by the example of the sudden, unexpected breach of the Berlin Wall in 1989 which was brought about solely by the weight of public opinion, a global consciousness if you like, at a time when it seemed there was no resolution in sight for the division between East and West Germany.

**CHILDREN WELCOME**

International Dolphin Watch has always striven to encourage youngsters to take part in dolphin activities with the unstinting support of two teachers, Robin Petch and Kris Simpson. Virtually all children now have access to computers and most of them are much more computer literate than me. Which isn't difficult!

The introduction of the E Mail Newsletter gives us the opportunity to encourage and enthuse children in ways which were impossible before computers became a vital part of their education.

**I hope therefore, that you will enrol as many children as you can to become DOLPHIN FRIENDS** and encourage them to contribute to future Newsletters. The cost of £10/Friend will be a far healthier gift than giving them sweets!

## **A GLOBAL FAMILY**

Ever since I founded IDW in 1978 I have tried to embody in it the concept of a global family of dolphin lovers. The rapid and easy communication between Friends of IDW that the introduction of the E Mail Newsletters has brought about means, I hope, that each new friend can feel that he or she has indeed become a member of a diverse family of dolphin lovers with many different aims, interests and aspirations from a wide variety of religions and ethnic groups. Everyone around the world loves dolphins. They are universal symbols of harmony and peace.



Dr Horace Dobbs

Honorary Director IDW

## Personality of the Month



**Ashley Saunders** – designer and builder of **DOLPHIN HOUSE**, arguably the most original and stunningly beautiful house dedicated to dolphins in the world.

*“Swimming with wild dolphins in the sea for the first time was the most exciting experience in my life.”* says Ashley Saunders to his students at The All Age School, in Alicetown on the island of Bimini in the Bahamas, where he teaches English, Maths and other subjects.

Although he loves teaching, Ashley has a huge range of other interests including ecology and conservation. However, his extraordinary house is the greatest monument to his many achievements. *Dolphin House*, which he built himself and is still under final construction, is decorated inside and out with Dilo dolphin mosaics created mainly from shells and shards of pottery and glass gathered from the beach.

Ashley says that dolphins completely changed his life, making it more spiritual and meaningful after he met Dr Horace Dobbs some years ago. Now his house is open to all those who visit his island to study and swim with the wild dolphins that can sometimes be seen playing off the nearby beach in turquoise waters that stretch to Miami in Florida some 45 miles away.

Ashley Saunders is a Bimini born, internationally known author. He is the President of the Bimini Historical Society and Vice President of the Bimini Museum. Ashley Saunders received his Bachelor of Arts degree from the University of Wisconsin and he also did post graduate work at Harvard University in Massachusetts. He holds diplomas in Tourism Education from the Organization of American States (OAS) and the Caribbean Tourism Organization (CTO).

Ashley Saunders is the Author of two books on the history of Bimini and several books on island poetry, including *Voyage Into The Sunset* (1976), *The Sun Makes It Red* (1977), *Night of The Lionhead* (1979), and *Searching For Atlantis* (1980). His poetry is featured in a textbook, ‘The Bahamian Anthology’ (1983) at the College of the Bahamas, and his biographical data is included in ‘Who’s Who’ in the Bahamas.

He is also the recipient of the prestigious 2000 Cacique Award in the Author category.

‘The History of Bimini’ is a comprehensive study of the land, the people and the pre-history of the Biminis, vividly capturing the complexities of this unique culture of The Bahamas.

He has created 2 audio visual computer accessible CDs about The Dolphin House: Volume 1 – Construction. Volume 2 – Discover the Dolphin House, a chronology since 1993, a detailed journey through the artwork in the interior of The Dolphin House.

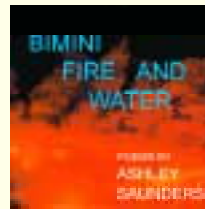
Ashley Saunders and some of the dolphin mosaics in The Dolphin House



For further information about Ashley Saunders and The Dolphin House – see <http://inmyrighthand.homestead.com/>.

For copies of the CDs, bookings and reservations - contact: Ashley Saunders, Alice Town, Bimini, Bahamas, Phone 242 347 3201  
Email: [ashleysaunders2@yahoo.com](mailto:ashleysaunders2@yahoo.com)

## 'Bimini Fire and Water' Poems by Ashley Saunders



Ashley writes poems and has produced a record of his poems and local music entitled 'Bimini Fire and Water'.

A CD/Book of his poems is currently being created – a percentage of proceeds from sales will go to Operation Sunshine/International Dolphin Watch.

## Ashley with Horace Dobbs in Bimini during an Operation Sunshine Programme [www.operationsunshine.org](http://www.operationsunshine.org)



Colette with Horace Dobbs presents Ashley Saunders with a cushion made by the Companions Campall Milton Keynes



Horace Dobbs giving Ashley Saunders Dilo books for the Bimini children

## Dates with Dobbs

### **‘DOLPHINS AND DIDGERIDOOS’**

**A “Playshop” with The Dolphin Man – Dr Horace Dobbs  
and didgeridoo virtuoso Ken Shapley**

Date: Sunday 24<sup>th</sup> September 2006

Time: 4.50 – 5.50pm

Place: The Pavilions, The Yorkshire Showground, Harrogate

**To book your place contact:** Ruth Huddleston, Labyrinth Health and  
Healing Festivals, 72 Pasture Road, Goole, East Yorkshire DN14 6HE

Tel/Fax 01405 769119

Email: [admin@crystalawareness.co.uk](mailto:admin@crystalawareness.co.uk)

Website: [www.crystalawareness.co.uk](http://www.crystalawareness.co.uk)

Best selling author, broadcaster, research scientist and founder of International Dolphin Watch, Dr Horace Dobbs, takes you on an amusing journey into the fascinating world of the dolphins. When he discovers that dolphins can help those with mental and emotional problems Horace sets out to find out how the Australian Aborigines can capture the healing essence of dolphins using the didgeridoo. At this stage Dr Dobbs introduces the artist and poet Ken Shapley who joined him on a journey to explore the spiritual essence of dolphins in Greece and later participated with Horace in the highly acclaimed documentary on dolphins in the BBC “Natural Neighbours” series. After demonstrating the remarkable range of healing sounds that can be produced by the didgeridoo, Ken invites the audience to try one out themselves. So if you have a “didge” or a drum, bring it along.

Horace says his playshops with Ken are like swimming with dolphins - you never know what is going to happen next! They usually end up as JAM SESSIONS.

Horace always brings copies of his many books, which he is happy to sign with special dedications to his playshops. Ken has also written a book, but it is his CDs that are most in demand – which he is also happy to sign with one of his pictorial signatures.

**Dr Horace Dobbs** gave up orthodox medical research on powerful drugs that work in the central nervous system after he saw his son given a ride by a totally wild dolphin in the open sea. Knowing that dolphins have brains as large and complex as those of humans, he set out to find out what it is about dolphins that puts them above all other animals that humans want to make contact with. After many amazing experiences, which he has recorded in books and films, he applied his scientific expertise to finding out and trying to understand what goes on inside the mind of a dolphin. Some of his extraordinary findings are revealed in his book *Dolphin Healing* ( Piatkus Books ). Horace has also written a series of books for children featuring a dolphin named *Dilo*. His latest research involves *The Dilo Dome*, the use of which is being investigated to help children with special needs.

**Ken Shapley** is an artist, poet and didgeridoo player who has devoted himself to exploring how music, especially the didgeridoo, can bring healing into human lives. His very special interest in dolphins was inspired on an expedition with Dr Horace Dobbs in the Bahamas where a dolphin led him to an ancient turtle. “This was my first experience of a lucid dream unfolding into reality. The dolphin was the guide between us. There is a particular magic to dolphins. The turtle settled on the sand 20 feet beneath me. I took a breath and swam down. I curled up beside it and we just observed one another for a long, long time. It was

the oldest living creature I have ever seen.” Ken has a special empathy with turtles. Like Horace he sees dolphins as guides between the physical world and the spiritual world, just as they were in the times of the ancient Greeks.



# In Deep with Dolphins

Author and broadcaster  
**Horace Dobbs**

Presents an amusing yet thought provoking programme on the magical undersea world of the dolphins.

Dr Horace Dobbs, known as the Dolphin Man, is the founder of International Dolphin Watch, a charity dedicated to helping dolphins. His numerous books include "Dance to a Dolphins Song" and a delightful series of children's books about Dilo the Dolphin which are being used in schools to encourage children of all abilities to read.



**ENGLISH-SPEAKING UNION**

**Saturday 30th September 2006  
12 noon**

**Beechwood Close Hotel  
Shipton Rd (A19)  
YORK**

**Tickets and information:  
Mollie Oldham  
01904 791382**

Discover how  
these enchanting  
mammals have  
changed human  
lives for the  
better.

[www.idw.org](http://www.idw.org)

## Up and Coming Events

### **Sunday 3rd September 06** **YOU'RE INVITED TO ATTEND** **An Aboriginal Ceremony**

Followed by  
**The Gathering - Return of the Whale Dreamers**



**'An Aboriginal Ceremony'**  
**(1.30p.m at The Entrance Memorial Park)**

Followed by Movie screening  
**'The Gathering - Return of the Whale Dreamer'**  
**(3.30p.m at The Entrance Cinema)**  
*(Fundraiser for The Gathering Project – a portion of entrance fee)*

**Cost: \$15**

**Enquires & Movie Seat Bookings Contact: Heather Mills: 4389 – 8257**  
**Email: [heatherm@integritynet.com.au](mailto:heatherm@integritynet.com.au)**

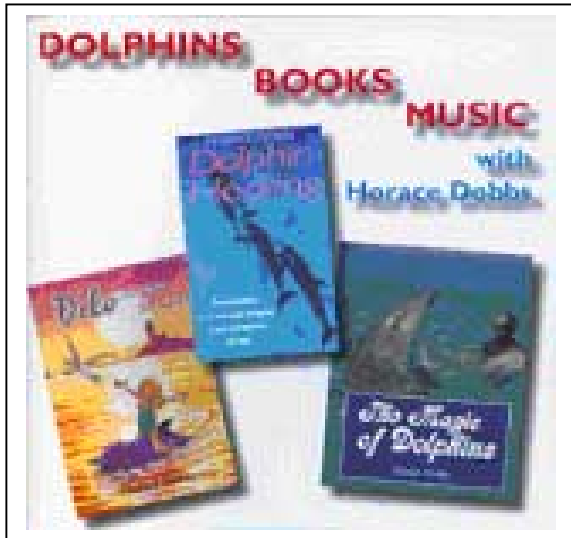
**'The Gathering - Return of the Whale Dreamers'** ten years in the making, this full - length feature documentary is an experimental film for our times. It is the story of Dreaming and Interwoven dreams. Taking us on a deep global journey into forgotten magic that connects us all.

*The wisdom of International Indigenous Elders permeate the film, offering up the all too familiar warnings of where humanity seems to be going...but it also reflects back to us that we collectively can also come back from the edge of extinction... "It is not too late! People around the world are waking up. For the first time on film Aboriginal Whale Calling Ceremonies are being shared. BEST FILM AWARD: 'The Gathering - Return of the Whale Dreamers'*

*Is an invitation for us all to come back to the Fire...the Dreaming...& the Natural World".*

*Writer/Director/Producer: Kim Kindersley & Singer/ Song Writer: Julian Lennon. They have become "Defenders of the Oceans" Narrated by: Jack Thompson.*

## CD of the Month



### **Dolphins Books and Music**

A journey into the world of dolphins with visionary/author/broadcaster.

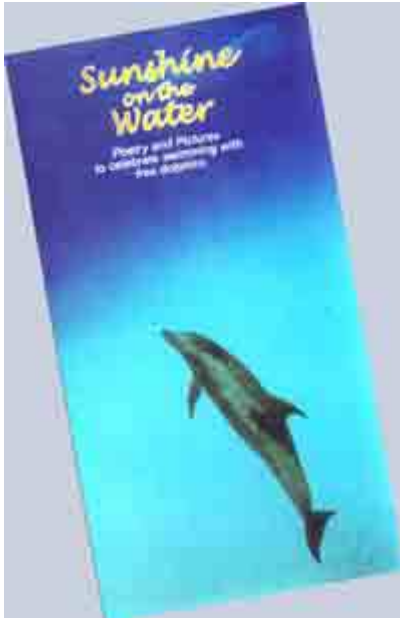
When Horace Dobbs had the magical experience of seeing a friendly wild dolphin give his son a ride in the open sea it changed his life. He gave up orthodox medical research and set out to uncover why dolphins hold such a special place in our affections.

£10.99

Available online through the IDW Shop:

[http://w.idw.org/html/dolphin\\_shop.html](http://w.idw.org/html/dolphin_shop.html)

## Book/Video of the Month



### **'Sunshine on the Water'**

Video and Illustrated Poetry Book

**Combined package £14.95**

Available online through the IDW Shop:

[http://www.idw.org/html/dolphin\\_shop.html](http://www.idw.org/html/dolphin_shop.html)

Experience the magic of dolphins with free dolphins in the sea.

The video captures the grace and beauty of the dolphins as they welcome a group of human visitors into the colourful undersea world that is their home.

The poetry book written by the group gives a unique insight into how dolphins reach into our hearts and souls. The book is illustrated throughout with evocative photographs that convey the essence of special moments that become treasured memories.

## Conservation

In the early 1960s our founder, Dr. Horace Dobbs, was voted on to the Council of the British Sub Aqua Club (BSAC) – the governing body for the sport in the UK. When the BSAC was set up in 1953 many of the Council members were ardent spear fishermen. The BSAC Supported international spear fishing competitions in different parts of the world to see which team could kill the most fish. Horace was horrified by this and argued for the practice to be stopped. “To wipe out all the fish in a specified area is utterly wrong and against the interest of the divers who want to visit such areas to see the wildlife”, he argued. After a prolonged fierce battle against the old timers Horace eventually persuaded the BSAC to adopt a policy of: “Shoot with a camera – not a spear”.

Horace was nominated as the BSAC’s first Conservation Officer and during ‘Conservation Year’ was invited by Bernard Eaton, Editor of DIVER Magazine [www.divernet.com](http://www.divernet.com) along with others, to give a presentation to the President of BSAC, HRH Prince Charles, at Buckingham Palace on 6<sup>th</sup> June 1978. At the gathering Prince Charles judged the first children’s dolphin competition organised by Horace for International Dolphin Watch. Horace also showed a section of his film ‘Ride a Wild Dolphin’ – DVD available online from the IDW Shop [http://www.idw.org/html/dolphin\\_shop.html](http://www.idw.org/html/dolphin_shop.html).

Now, in most parts of the world, but by no means all, spear fishing is discouraged, especially with an aqualung. Most responsible divers elect to become “Custodians of the Marine Environment”. As one of the founder members of the Marine Conservation Society (MCS), Horace has been pleased to watch its progress over the years.

As part of IDWs policy of co-operating, not competing, with other conservation organisations, Horace has asked the Email Newsletter Editor to publicise the latest MCS Campaign to draw to as wide an audience as possible the problems that celebrating an event by the mass release of balloons can cause. “Most people are just unaware that to a turtle a deflated balloon may be confused with one of their chief sources of food – jelly fish” says Horace.

“Dolphins, whales, turtles and seabirds have all be killed by balloons...If swallowed balloons can block animal’s gut and cause it to starve”, says the MCS. Information on the Marine Conservation Society can be seen on [www.mcsuk.org](http://www.mcsuk.org).

## BALLOONS CAN KILL WILDLIFE

**Balloons float up into the air and disappear from your thoughts, but not from the environment.**

Beach litter surveys organised by the Marine Conservation Society have shown that the number of balloons and balloon pieces found on UK beaches has tripled in the last 10 years.

- 10% of released balloons don't burst, they float back down to earth where they pose a serious threat to wildlife.
- Dolphins, whales, turtles, seabirds and other animals have all been killed by balloons.
- If swallowed, balloons can block an animal's gut and cause it to starve.
- Animals can become entangled in balloon ribbons and string, restricting their movement and their ability to feed.
- Even biodegradable latex balloons are a danger as they can take several months or even years to break down.

**BALLOONS CAN KILL WILDLIFE**

**MCS guidelines for wildlife friendly balloon use**

You can enjoy balloons without harming wildlife:

- Don't let go of balloons outdoors!
- Fill balloons with air rather than helium.
- Use balloons made of natural rubber latex rather than mylar (foil) balloons.
- When tying balloons use natural cotton string rather than plastic ribbon.
- Securely tie any balloons that are used outside.
- Always hard to balloons rather than using plastic valves.
- Sign up to the 'Don't Let Go' petition.

[www.mcsuk.org](http://www.mcsuk.org)

Instead of releasing balloons into the environment, why not try a wildlife friendly alternative?

**Wishful Balloons**

Buy 10 balloons, and take a few miles to the beach. Release the balloons outdoors, and have everyone pop them to find prizes.

**Wishful Balloons** - Each member of a team has to run a short distance and pop a balloon to pop it before returning to tag the next member of the team. The balloons to pop at the end of the run will pop at the end of the run.

**Wishful Balloons** - Hire a balloon artist, for a big, loud statement, try a giant inflated balloon sculpture.

Visit our website for more ideas.

# CLEANING UP THE MARINE ENVIRONMENT IN SOUTH WEST OF ENGLAND

## Message from Amy Bugg:

Seasearch & Diving Activities Coordinator for MCS Plymouth Local Group

<http://www.mcsplymouthlocalgroup.co.uk/seasearch.htm>

Chairperson of the Marine Conservation Student Society at the University of Plymouth

<http://www.mcssplymouth.co.uk/>

### Calling all divers!

### ITV's Big Clean Up: Sunday 17th September 2006

<http://www2.angliatv.com/cleanup/>

CSV, the UK's largest volunteering and training organisation, has teamed up with ITV to deliver the Big Clean Up campaign in September.

This is an exciting one-off campaign day which will raise awareness about environmental issues, while enabling young people to improve their communities: 20 Big Clean Up events will take place across England and Wales on Sunday 17th September, giving 6,000 people - an opportunity to take action, all getting involved to help improve our environment.

That's 300 people, including 200 young people aged between 16 – 25, at each event. Come along, have fun, make a difference to your community, meet others interested in volunteering and the environment.

We will be cleaning Mountbatten beach and Jennycliffe on Sunday 17th September at 10.30am. We need land-based volunteers to help with the beach clean at both beaches, and qualified SCUBA divers to do an underwater cleanup at Mountbatten.

### **I am looking for volunteers for the underwater cleanup.**

Anyone diving to clean underwater will need to hold an up-to-date SCUBA diving qualification (minimum PADI Open Water/equivalent) and have their own gear.

If you would like to take part in the underwater cleanup, please email me back on [mcsplymouthlocalgroup@hotmail.com](mailto:mcsplymouthlocalgroup@hotmail.com) with your details (including name, contact telephone number and diving qualification, if you have one) and I will add your name to the sign up sheet.

Anyone wanting to dive will be required to fill in an underwater liability release form on the day, otherwise they will not be able to dive.

We also need volunteers to act as surface support, clean up on land, help sort through the rubbish (we don't want to throw away any marine organisms by accident!), etc – and just generally help out!

Rob Chadwick ([rchadwick@csv.org.uk](mailto:rchadwick@csv.org.uk)) is organising the land-based cleanup and is looking for at least 300 volunteers, 200 of which will be aged 16-25.

**If you would like to volunteer for the beach clean, please register as a volunteer by calling 0207 812 0030 or sign up online at [www.itv.com/bigcleanup](http://www.itv.com/bigcleanup). Please also email Rob to let him know you've registered, so he can get an idea of how many people will be attending.**

**Transport will be provided on the day, as will lunch, which will most likely be provided in the Mountbatten Hotel pub (at around 2.30pm).**

**Further information can be found at [www.itv.com/bigcleanup](http://www.itv.com/bigcleanup) or by Emailing Rob on [rchadwick@csv.org.uk](mailto:rchadwick@csv.org.uk).**

**ITV will be filming us on the day, so you may even end up on TV!**

I hope to see you there!

Best wishes,

**Amy Bugg**

## **Dilo Corner – The Dilo Group**

### **Dilo the dolphin helps people with autism**

By Colette Ozanne



Dilo is a fictional dolphin created by Dr. Horace Dobbs – founder of International Dolphin Watch. Horace has now written 5 children's books involving Dilo and his friends, which have been read by children all over the world.

One person who was inspired, after reading a Dilo story, was Eve Hanf-Enos and the Dilo Group was subsequently formed.

#### **About the President**

Eve was born on September 8<sup>th</sup> 1971 and at the age of one was diagnosed as autistic. She never spoke, but as she grew older, began to communicate by typing out words on a keyboard, with the help of her mother (a process known as facilitated communication). As the years went by, Eve's writing ability improved dramatically and she began to produce some astounding poetry. In 1985, Eve saw dolphins for the first time at an aquarium where an amazing event took place. After the show was over and everyone had left, Eve went down to the pool where the dolphin stood up on its tail in the water. The dolphin and Eve looked at one another, eye to eye and contact was made, after which Eve



spoke her first word – “good”. Eve’s mother was hoping that this was the beginning of a breakthrough and that Eve would begin to speak permanently, but this was to be just one of a few words that Eve was to speak over the months that followed. Eve didn’t like to see the captive dolphins and later wrote a powerful poem expressing her anger and sadness, but despite this she went back in 1990 to swim with the dolphins. In 1993 a conference was held in New Mexico where Eve’s mother offered to make a contribution on autism and facilitated writing. It was at this conference where Eve was to meet Shizuko Ouweland, who subsequently helped Eve to found the Dilo Group in August 1994.

### **About the founding of the Dilo Group**



After meeting at the conference in New Mexico, Shizuko felt sure that dolphins held the key to solving Eve’s problems in the future and was prepared to travel to the U.S. to help. In August 1994 Shizuko and her friend visited Eve and her mother at their home in Connecticut. Shizuko discovered that Eve was a gifted writer and felt that she could break out of her autism through her writing. She gave Eve a copy of a children’s book written by Horace Dobbs – *Dilo and the Call of the Deep*. Eve clung onto the book fiercely and took it to bed with her. The next day, via her keyboard, she typed out what she had read. Shizuko also felt that Eve needed a task and suggested to her that she could lead a group to help other autistic people. Eve wrote, “Wow – I accept it” and agreed to become President. Eve then typed up the words “Dilo Group”. “What would you do as president of the Dilo Group?” asked Shizuko. The answer came back instantly on the keyboard - “I would like to give the gift of joy and laughter to other sad people. I feel groups should be about humour and dipping into mind ideas,” commented Eve. Eve’s presidency of the Dilo Group inspired a torrent of words to pour from her keyboard and she began to write many letters and poems.

If anyone would like to find out more about Eve, a good source of information is the book *Dolphin Healing* by Dr Horace Dobbs – which includes three chapters about Eve. **For further information about Eve and The Dilo Group see <http://www.dolphinfriend.com/>**

### **A note from the Author**

My name is Colette and I am from Milton Keynes in England. I work at a community for adults with special needs where I run a craft workshop. For most of my life I have wanted to swim with dolphins and was very fortunate when in September 2004 I was able to be part of a trip to the Bahamas to swim with wild dolphins. During the same year I attended a talk by Dr Horace Dobbs where I purchased the book *Dolphin Healing*, and on reading the three chapters about Eve Hanf-Enos I immediately knew that one day I would meet her, which I did in June 2006.



Spending a week in the Bahamas with Eve in 2006 with Operation Sunshine [http://www.operationssunshine.org/html/summer\\_2006.html](http://www.operationssunshine.org/html/summer_2006.html), I met many people that have been a huge part of her life in the past - one of them was Shizuko Ouweland, who originally helped Eve to found the Dilo Group in August 1994. I am now looking forward to continuing with the good work that Shizuko began and helping Eve as much as possible in the future.

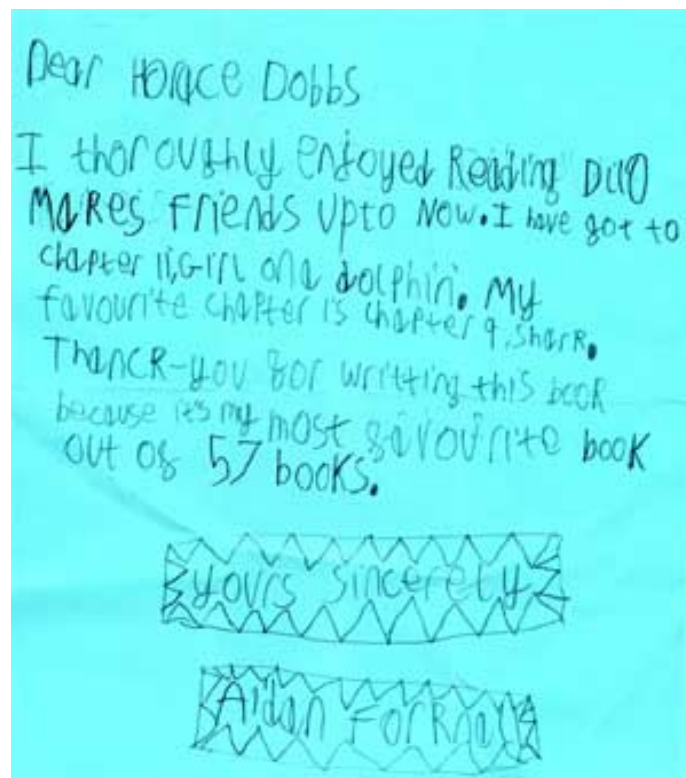
I also feel very strongly that despite her severe autism, Eve has a lot to offer to others. I would therefore like to invite people everywhere to communicate with Eve and be part of The Dilo Group. Please send her your drawings, poems and letters. Maybe you have a story about dolphins yourself.

### **Contact details are as follows:**

For email please send to BOTH of the following: [evehanfenos@aol.com](mailto:evehanfenos@aol.com) and [colette@cozanne.wanadoo.co.uk](mailto:colette@cozanne.wanadoo.co.uk).

Please send any post to: Colette Ozanne, 22 Nicholas Mead, Great Linford, Milton Keynes, Buckinghamshire, England.

## Dilo Corner – children's news



Thank you to Aidan for his letter. I am so pleased he is enjoying reading my book 'Dilo Makes Friends'.

I do love to receive your stories and pictures. If you would like to share them with others through the Newsletter or have them published on the web site, please keep them coming. I look forward to hearing from you.

Wishes for Happy Dilo Days.



**Horace**

PS – The series of Dilo books can be purchased online through:  
<http://www.dolphinfriend.com/>

## Friend's News

### Whale Song

#### A channelled meditation 18/8/06

Humpback Whale with (Andrew Eric Parker)

G'day readers. My name is Andrew Parker and I live in Newcastle New South Wales Australia. My life's dream has been to enter the oceans of the world and with the greatest of integrity and care, allow the cetaceans to share with me and others the gift of joy that their mere presence brings. I have explored that bliss in healing programs since 1997 and after the death of my wife in 2004, I have followed my dream and my passion with my three little boys by co-creating a series of programs that allow the dolphins and whales to share their excitement and love of life with us all! Where they are free to come and go as they choose.

I am proud to have been asked to contribute to this very important newsletter. It is a vehicle for us all to share our dreams and passions. To let others glimpse what is possible for themselves when you open your heart and follow your dream.

Next week begins our first program of our summer season called 'Whale Song'. Appropriately we shall be meeting with the travelling leviathans as they head north for the summer season. Today I went to meet one of that group, a large single female who was magically waiting for us as we left the heads and breached enthusiastically and tail slapped until she was sure we were following her. As we were given a guard of honour escort by the bottlenose dolphins past the majestic and ancient Yakabah headland, Port Stephens, I felt my heart sing. She was here and I was ready to listen. Here is what was said...

Breathe... Listen into oneness with being! Sense the movement of your energy in relation to others.... Breathe... You're in touch with one's breath... breathe deeply.... Sensing the oneness... sensing the truth...Breathe...Breath of life encompassing all. Allow the senses to move outward... fluid motion...fluid beings.... energetic strands of life pulsating to a call to higher and higher vibration. Breathe... as you realize the truth.

Breathe as you enter deeply into the sense of who you really are. Focus on your third eye... feel as the energy rises from your base lighting up your solar plexus moving into your heart.

The joy of foresight... allow the sensation to gather momentum... allow the truth to emerge. You no longer breathe for you are breath itself! You are light beings, called at this time to realize that truth. YOU are being breathed... YOU are the very breath of GOD.

Now you know the truth... Now you feel the truth... Now you are the truth... Breath of life what do you see?? Your very self expanding... pulsating...vibrating with the joy of your being-ness... Enjoy your moment... look around you as you feel the presence of you... of each other...of the wisdom of who you are...

Now, let's begin!

Oh beings of light you have brought yourself to this place, at this time, in this present form for you are ready! We of the whale and dolphin nations, bearers of light, vision, truth and knowledge are calling you to see us. We are calling you to the truth of who you are. We make this call to those courageous and caring enough to open your hearts to our message. We understand your pain, your confusion. We have supported you through your darkest times. We love you and hold you in our highest regard for we see you as who you really are! Were you to grasp that idea and see yourself and each other as we truly see you, you shall know the truth!

And that truth, your truth, is the key to your freedom and that freedom is divine! As we sit together open your eyes to your truth. Look into infinity from where you have come to where you are going. There is no fear in which you are, for you are beings of light. Now that you see who you are we invite you to see who we are!

We invite you our brothers and sisters to a space of COMMUNION.... We hold certain keys that until now you were not ready to neither grasp nor understand.

Those keys unlock many doors and these doors open into the mansion of possibility. You are ready for your greatest journey and that is evident by your presence here today. By the very fact that you have come across this message! That journey begins in the moment of NOW...

Know this! You are not your past, you're infinite being-ness resides within your realization in your courage and your joy in this very present moment.

We call you OH enlightened ones to step up! We call you to hear us! We call you to our domain of which we have ALL come from. Come... listen...feel... and hear us for you now embark upon a journey of immense proportion.

**You are experiencing Whale Song...to be continued...**

[www.dolphcom.com.au](http://www.dolphcom.com.au)

## DISCOVER YOUR INNER DOLPHIN!

With Christopher Gilmore, actor, writer, teacher, learner

LET DOLPHINS' LAUGHTER NEVER CEASE  
ENDORPHINS, SONGLINES ALL RELEASE  
ENJOY DOLPHINS' PLAY  
SING SHADOWS AWAY  
LET INNER HARMONIES NOW INCREASE

DOLPHINS RIDE TIDES OF TOXIC CURDS  
WATER RESPONDS TO SPOKEN WORDS  
LIKE A MAGNET ACTS  
DEFYING MAN'S FACTS  
MEMORIES FLOW LIKE MIGRATORY BIRDS

SEE DOLPHINS IN AND OUT OF SCHOOLS  
LAUGH AND DANCE LIKE SPARKLING JEWELS  
THEIR SONIC SCORES SING  
CAN HEAL EVERYTHING  
FOR LOVE WAS THERE BEFORE ALL RULES

This inter-active 'playshop' invites your pro-active intuition and empathy with a self-selected range of Dolphin attributes. Remember, the Romans believed that Dolphins accompanied human Souls to paradise. Was this because of their unearthly sounds; or because out of the water their bodies can glint with rainbow colours? By dowsing Angel Cards, we will seek to celebrate many healing parallels between our sacred selves and our inter-dimensional Dolphin helpers. The Celts associated the Dolphin with the female deities and mother-goddess figures and, possibly, with rebirth of the Soul after death. On our present journey of life, even in terms of virtual reality, from the Dolphin consciousness we can learn more about compassion while exploring more deeply our own feelings, healing powers and innate divinity. To relax and maximise health, we will be hearing the CD, Dream of the

Dolphins. According to one psychic, it was the Deva of the Dolphins, their spiritual guardian, not doctors, who advised we humans these days to drink much more fresh water. If you share with these joyful creatures a creative curiosity, then welcome to this experiential Dolphin 'playshop'.

**Set -up:** In order to greet newcomers at the door, I always like to be in the room well before the appointed hour. It's so enjoyable sensing how best to use a space, until that day, unknown to me. Allowing one's own vibes to interplay with the 'feeling' of the room, is all part of the healing sensibility that sets the scene. I even use a secret mantra, a point I took up later with the delegates. These preparations are to help invite participants when present to bring to the proceedings their deepest commitment to learning more about the nature of love in action. Meanwhile, dolphin music was playing giving a relaxed and dreamy atmosphere to welcome the folks as they arrived.

**Introduction:** I last watched dolphins play in Australia, not far from Byron Bay. I asked inwardly to see the on my last morning. Engaged with other matters, I forgot this request. 15 minutes later, they appeared. Like a schoolteacher, I playfully shouted out over the bay, "You're late!"

**Byron, the poet, wrote this:**

*Parting day  
Dies like the dolphin, whom each pang imbues  
With a new colour as it gasps away,  
The last still loveliest  
Child Harold, canto.*

**Shakespeare in A Midsummer Night's Dream had Oberon say:**

*Thou rememb' rest  
Since once I sat upon a promontory  
And heard a mermaid on a dolphin's back  
Uttering such dulcet and harmonious breath  
That the rude sea grew civil with her song.  
And certain stars shot madly from their spheres  
To hear the sea-maid's music.*

**Dowsing:** Centre room, I had placed a shallow but transparent bowl in which was poured blue water. In the middle of this 'pond' was the most beautiful porcelain dolphin as if bathing. Around this bowl were arranged three circles of Angel Cards, 36 in number, all placed face downwards. Each hid a word that reflected a quality of the dolphin consciousness. Such words were, for example, *JOY, FLEXIBILITY, HARMONY*. At least two of the cards were blank. Delighted, one lady picked them both up and knew precisely their significance in terms of her own inner learning curve. A menu of many qualities that could be said to bridge humans with dolphins as they interact, was shared in advance of the next activity.

Before that, we discussed dowsing as a way of tuning in to one's inner nature and relating it to outer circumstances. I suggested that dolphins in the wild, using their echo location as a way of probing their environment, use sounds that can send extra healing energy to those parts of human swimmers that are, perhaps, in a state of disharmony. Ever since Pythagoras, healers have been using 'sound' mantras to improve their client's sense of health and well being. Further, the efficacious benefits of sharing playful times with dolphins have repeatedly been recorded. Could simulating such techniques also produce some aspects of inner healing...?

Using metal purple frogs dangling at the end of a string, each was asked to choose a human-dolphin quality and then, holding that in their consciousness, choose a card and see if the frog reacted positively or negatively. After three cards had been selected this way, in pairs the delegates enjoyed sharing their reactions to such inner guidance.

**Warnings:** Admitting that Mother Gaia also needed healing as pollution sours the world's oceans, I revealed the middle verse of my poem already written up on a flip-chart. Not to sully the sunny optimism, yet to balance out blind faith with a realistic assessment of our ailing earth, we shared the following facts. Dr Claudio Sili writes that the river Arno is ailing because of excess waste. It therefore carries toxic waste into the ocean affecting, he says, the CHI – or spirit energy - we receive from the Sea Kingdom. The river Arno flows through central Italy through Florence and Pisa to the Ligurian Sea, an arm of the Mediterranean where many dolphins and whales reside.

**Restoring Faith:** Intoning inwardly our top chosen dolphin quality for that day, we surrounded this blue bowl of water asking that it represent for us the global seas, no matter how already injured they already are by selfish human thoughtlessness.

Standing in pairs, we used our hands as dancing dolphins, while articulating some of their magic sounds. With graceful flexibility, these hands weaved in and out of the space being shared. Then, opening up into a standing circle, all present made one dancing school of playful hand-dolphins, eyes open in order to enjoy the movements of togetherness. Still chanting aloud, eyes were then *closed*, an act of trust that we could use our own sonic echo location techniques. Yes, again using flexible hand movements, we then repeated playful pirouettes over the blue bowl of water, sending grateful blessings to the oceans of the world and knowing, what's more, that all hands would swim free without any undue clumsiness or clashes.

By way of gratitude for the experiences received, to finish we all held hands. With a Mexican wave, we together chanted our favourite dolphin word aloud, a choir of angelic qualities. Quietly, I requested that each take that human-dolphin quality back into their next life's adventure.

In both these playshops, it was granted that exactly the right people were there. This allowed exactly the experiences that day most beneficial to each dolphin delegate. Indeed, though the groups were small, one lady had waited for the second session most patiently well beyond the expected hour. Such was her sensing that she needed to gain there something special.

As for me, unforgettable sharings in and out of the conference events. Myself and a colleague had a table on which we displayed copies of International Health in Education. Not just because I myself contribute articles, but more because the first two issues feature in length Horace Dobbs. Great interest was shown throughout and as an author of SOUL-CENTRED EDUCATION and other educational resources for holistic learners, I all but sold out! It was with a warm glow of gratitude that I was able to pop a worthwhile donation into a box marked, DOLPHIN DOME PROJECT.

**If you would like to attend a playshop with Christopher Gilmore or arrange a playshop at your organisation – contact Christopher by Email: [chrisgilmore.souled@virgin.net](mailto:chrisgilmore.souled@virgin.net)**

## News from Mexico

### Can you help?

Dear Horace and Dolphin Friends

I've been working on the idea of a Dolphin Healing Centre or whatever we shall call it, here at Banderas bay.

As I mentioned before, I contacted Eduardo Lugo, the Head of Wildlife Connections. He remembered some members of our group visited him.

He mentioned that he would participate, as a scientific advisor for our project, in order to make sure our interaction with the dolphins in the Puerto Vallarta is positive and safe for both people and dolphins.

There is a lot of research to be done, especially with the dolphins at the south of the bay (from Boca to the Cabo Corrientes) so it would be helpful to start researching this group. By the way, the other two resident groups of bottle-nosed dolphins of the bay are already overwhelmed by the touristy on-going activities (party boats, jet skies, fishing boats, etc).

Since I'm looking for a job here in PV, I asked him if there is a chance of including me as a guide in their dolphin encounter tours. His company, a non-profit association, has a policy to only accept postgraduate candidates. I think working with them would be a way to increase the knowledge for our project as well as to develop new research studies.

I would love to support our centre in anyway that is possible. I would like to know if any of you know of someone in the academic world (universities with master degrees preferably) who is doing research on the therapeutic effects of dolphins in the wild state. Or maybe something related to human-dolphin communication. Any research line that is not as conventional as population ecology may be great. Anything that can help the development of consciousness and respect to our beloved dolphins and whales.

Please let me know how this sounds for you and if you have any further ideas.

Dolphin Love and Blessings,

Luis.

Email: [luisemv77@hotmail.com](mailto:luisemv77@hotmail.com)

# Operation Sunshine



[www.operationsunshine.org](http://www.operationsunshine.org)

Patron: Dr. Horace Dobbs, Director, International Dolphin Watch [www.idw.org](http://www.idw.org)

'Operation Sunshine' is a not-for-profit organisation



## Family therapy programmes for special needs

### Aims and objectives

- It is the aim of Operation Sunshine to improve the quality of life, health and social well-being for adults and children with special needs, their families and carers.
- Our goal is to offer an experience that is wholly devoted to spiritual, emotional and physical well-being. We want to create an environment that is as relaxed, positive, open and as nourishing as possible.
- Although it is accepted that swimming with dolphins can be therapeutic, the dolphins are not the only focus of the programme as we wish to include other activities and alternative therapies where appropriate.
- In addition to the water-based activities, working with the local school, church and community, we encourage creativity and the exchange of culture between different countries.

### Why dolphins and why the Bahamas?

The Bahamas has warm clear waters that are far more comfortable for young children than cooler waters.

Dolphin Assisted Therapy (D.A.T.) is a new field of modern medicine and is fast becoming a highly regarded form of therapy, particularly with children suffering from a range of diseases or disorders including, speech and language disorders, deafness, autism and cerebral palsy.

### Why Wild Dolphins?

Operation Sunshine/International Dolphin Watch never works with dolphins in captivity. Although there is no guaranteed outcome because the dolphins are free to choose how to interact with the children, there is a feeling of joy and harmony that permeates the whole environment during this form of therapy.

The dolphins are an intricate part of the Operation Sunshine Programme; we have found that they are the intimate portal assisting the families to flow to their next level of individualised openness

and healing. The support staff, based on their experience, strength and hope, supplies compassion, encouragement and resources to the Operation Sunshine families. It is not any one person, dolphin or event that makes this trip a success, but awareness, presence and openness by every participant, in every moment on the trip.

**For details of this year's Programme and a full Report/Observations/Pictures, please see**

[http://www.operationsunshine.org/html/summer\\_2006.html](http://www.operationsunshine.org/html/summer_2006.html)

## Note from the Editor

I DO HOPE YOU HAVE ENJOYED THIS SECOND EDITION OF THE NEWSLETTER.

WHILE WE MAKE THE TRANSITION TO A PAPERLESS OFFICE AND AN ELECTRONIC NEWSLETTER, ACCESS IS FREE VIA:

<http://newsletter.dolphinfriend.com>

**NOTE TO MEMBERS:** to help us with the transition to electronic news and to ensure you continue to receive the Friends of IDW Newsletter, please contact the IDW Office by Email [idw@talk21.com](mailto:idw@talk21.com) with your latest Email Address.

If you would like to advertise on [www.dolphinfriend.com](http://www.dolphinfriend.com) or be included in the **UP AND COMING EVENTS** or **MY DOLPHIN STORY** section on the website, then Email our Webmaster Terry Connell on [terry.connell@ntlworld](mailto:terry.connell@ntlworld).

Please help us to spread the word about **NEW IDW**. Encourage your friends and associates to become **Friends of IDW**. Friends of IDW donations can be made online on the Dolphin Shop [http://www.idw.org/html/dolphin\\_shop.html](http://www.idw.org/html/dolphin_shop.html) or download a form that can be printed out and sent to IDW: [http://www.idw.org/assets/applets/IDW\\_Dolphin\\_Friend\\_flyer.pdf](http://www.idw.org/assets/applets/IDW_Dolphin_Friend_flyer.pdf).

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